

We want your surgical experience to be as comfortable and pain free as possible. In an effort to accomplish this, we use multiple medications. Please do not hesitate to ask questions!



MEDICATIONS TO BEGIN TAKING THE DAY BEFORE SURGERY

Doxycycline: This is a Tetracycline-type antibiotic. Two tablets should be taken, with food, the day before surgery. Take one in the morning and one in the evening. **Do not** take them together as they may cause stomach discomfort. Then, take one tablet daily until all of the medication is finished. Be sure to drink a full eight-ounce glass of warm water. **Do not** take if you think you may be pregnant. Avoid sun exposure. Antibiotics reduce the effectiveness of oral contraceptives (the Pill). Use an alternative form of birth control during the menstrual cycle(s) in which you are taking this medication.

Chlorhexidine: This is an antibacterial mouth rinse. Rinse, or dab onto gumlines, two times daily for 4-6 weeks, or until you are able to brush and floss thoroughly. Use it after thoroughly cleaning your mouth, ideally after breakfast and before bedtime. It may alter your taste perception temporarily. Do not rinse your mouth after using this product as it may heighten the aftertaste. It may also stain your teeth, which can be polished off. Rinse the night before, and the morning of surgery. Then, do not use for 24 hours after surgery.

Halcion: A sedative may be taken if dental treatment makes you anxious or nervous. It is recommended that one tablet be taken the night before surgery, only if you are extremely anxious about the surgery, to enhance a good night's rest. In some individuals, sedatives may tend to excite rather than relax. If you have this side effect, do not take another dose. If you have no problems, take the next dose (one to four tablets depending on the dose) one hour before surgery. Do not use alcohol or other sedatives while using this medication. **YOU MUST HAVE A DRIVER!**

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MEDICATIONS TO BEGIN TAKING THE DAY OF SURGERY

Anti-Inflammatory: This is a non-narcotic and non-steroidal medication that does not contain aspirin but does lessen inflammation and offer pain relief comparable to codeine. We recommend that you take two Aleve (440mg of naproxen) one hour prior to surgery, or we will dispense this at the office. After surgery, take 220-440mg naproxen (1-2 Aleve) every 8-12 hours for at least four days, or 600mg ibuprofen (3 Advil) every 4-6 hours for at least four days. Please do not take products containing aspirin or ibuprofen for 7-10 days **before** surgery.

Hydrocodone: This is a narcotic pain medication similar to Tylenol #3. Take one or two tablets every 4-6 hours, as needed. Take with food. This should only be taken if the anti-inflammatory is not enough to stop the pain. Avoid alcohol and driving while using this medication. It will make you drowsy.